

October 2021

Menu Subject to Change This Institution is an Equal Opportunity Provider

Mon	Tue	Wed	Thu	Fri
<p>Breakfast– WW-Whole Wheat Reduced/Free/ Preschool/ESC/Kindergarten \$0.00 Student Breakfast W/Milk Free Adult Breakfast W/Milk \$2.05 Lunch– WW-Whole Wheat Reduced/Free/Preschool Lunch \$0.00 Student Lunch W/Milk Free Adult Lunch W/Milk \$3.75 Milk .50 cents An Alternate Sandwich Offered Daily A LA Crate Items Offered Daily \$1.00-\$2.00 WW-Whole Wheat</p>				<p>1 Cheese Bread WW/Sub Bun W/Dipping Sauce Salad W/Ranch Veggies Fresh Fruit Milk</p> <p>BREAKFAST WW/Cereal or WW/Cinnamon Roll Yogurt, Fruit, Juice and Milk</p>
<p>4 WW/Pancakes W/ Syrup Omelet/Cheese Tri Tatars Carrot Sticks Juice Milk</p> <p>BREAKFAST WW/Cereal or Waffle, Cheese Stick Fruit and Milk</p>	<p>5 Preschool Field Trip Soft Pretzel (WG) W/Cheese Dipping Sauce Mixed Veggies Salad W Ranch Dressing Fruit Milk</p> <p>BREAKFAST WW/Cereal /Yogurt or B'Slider Sausage/Cheese Fruit, Juice and Milk</p>	<p>6 Corn Dogs & WW/Dinner Roll WW/Mac and Cheese Veggies Green Beans Fruit Milk</p> <p>BREAKFAST WW/Cereal/Yogurt or WW/Breakfast Pizza Fruit, Juice and Milk</p>	<p>7 Chicken Fajita/Onion/Peppers over Chicken Flavored Brown Rice Peas Fruit Graham Crackers Milk</p> <p>BREAKFAST WW/Cereal Or WW Pancake and Omelet Fruit, Juice and Milk</p>	<p>8 WW Pizza Pepperoni or Cheese Salad W/Ranch Veggies Fresh Fruit Milk</p> <p>BREAKFAST WW/Cereal or WW/Muffin W/Omelet Yogurt, Fruit, Juice and Milk</p>
<p>11 WW/Chicken Shaped Zoo Animals Chicken Flavored Rice Peas Cole Slaw Fruit Milk</p> <p>BREAKFAST WW/Cereal or WW/Cereal Bar W/Cheese Stick Fruit, Juice and Milk</p>	<p>12 Taco W/ Meat and or Cheese WW/Soft Tortilla Shell Side Fixins Corn and Beans Fresh Fruit Milk</p> <p>BREAKFAST WW/Cereal or French Toast W/ Sausage Fruit, Juice and Milk</p>	<p>13 Beef Hog WW/Dog on Bun Baked Chips Baked Beans Carrots Fruit Milk</p> <p>BREAKFAST WW/Cereal/Yogurt or B'Fast Sandwich Fruit, Juice and Milk</p>	<p>14 Cheese Omelet WW/Cinnamon Rolls Tatar Tots Veggies Juice Milk</p> <p>BREAKFAST WW/Cereal Or Pancake and Omelet Fruit, Juice and Milk</p>	<p>15 WW/Breaded Cheese Sticks Dipping Sauce Salad W/Ranch Veggies Fresh Fruit Milk</p> <p>BREAKFAST WW/Cereal or Muffin W/Omelet Yogurt, Fruit, Juice and Milk</p>
<p>18 7/8th Grade field trip Popcorn Chicken Tenders WW/Mini Biscuit Mashed Potatoes Peas Fruit Milk</p> <p>BREAKFAST WW/Cereal or Waffle, Cheese Stick Fruit, Juice and Milk</p>	<p>19 7/8th Grade field trip Nachos Chips Meat and or Cheese Refried Beans Corn Fruit Milk</p> <p>BREAKFAST WW/Cereal /Yogurt or B'Slider Sausage/Cheese</p>	<p>20 7/8th Grade field trip Hamburger/Cheeseburger WW/Bun Curly Fries Baked Beans Fruit Milk</p> <p>BREAKFAST WW/Cereal/Yogurt or Breakfast Pizza Fruit, Juice and Milk</p>	<p>21 NO School K-8th Grades (MEA) Preschool/ESC Lunch Turkey/Cheese & Wheat Bun Chips Carrots, Fruit Milk</p> <p>BREAKFAST WW/Cereal W/yogurt Fruit, Juice and Milk</p>	<p>22 NO School K-8th Grades (MEA) Preschool Lunch WW/ Peanut Butter & Jelly Veggie sticks Chips Fruit Milk</p> <p>BREAKFAST WW/Cereal or Cinnamon Roll Yogurt, Fruit, Juice and Milk</p>
<p>25 Chicken Patty on WW/Bun Side Fixings Fresh Veggies Fruit Milk</p> <p>BREAKFAST WW/Cereal or BF Cereal Bar W/Cheese Stick Fruit, Juice and Milk</p>	<p>26 WW/French Toast W/Syrup Turkey Sausage Links Yogurt Cup Potato Rounds Mini Carrots Orange Juice Cup Milk</p> <p>BREAKFAST WW/Cereal or French Toast W/ Sausage Fruit and Milk</p>	<p>27 WW/Mini Corndogs WW/Dinner Roll French Fries Cole Slaw Fruit Milk</p> <p>BREAKFAST WW/Cereal/Yogurt or B'Fast Sandwich Fruit, Juice and Milk</p>	<p>28 Spaghetti Meat Sauce WW/Noodles WW/Garlic Bread Salad W/Ranch Dressing Fruit Milk</p> <p>BREAKFAST WW/Cereal or Pancake W/yogurt Fruit, Juice and Milk</p>	<p>29 Chicken Nuggets Wheat Dinner Roll Mashed Potatoes Corn Fruit Milk</p> <p>BREAKFAST WW/Cereal or Cinnamon Roll Yogurt, Fruit, Juice and Milk</p>